

The Boquerón del Estena

The most popular walk in Cabañeros and one of the easiest: a riverside stroll along the Estena to the gorge the water has cut through the quartzite, between holm oaks, cork oaks, Portuguese oaks and yews, with the trails of marine worms more than 400 million years old still visible in the rocks along the path.



The quartzite crags of the Boquerón del Estena.

DISTANCE

6 km

there and back from the car park

TIME

2 h 15 min

there and back

ASCENT

Low

not quantified in the official fact sheet

DIFFICULTY

Easy

stony ground

An **out-and-back** route: you return the same way. Figures from the park's official fact sheet.

Variant	Distance (there and back)	Time
From the car park (Raso de Posavieja)	6 km	2 h 15 min
From the village of Navas de Estena	10 km	3 h 30 min

 **Dogs:** yes, on a lead

Booking: not needed if you walk it on your own

Free park guide by prior booking

Visitor numbers: capped in high season

Best season: all year round

01 Distance from Cork Valley

22.2 km

20.8 km from Cork Valley to Navas de Estena and another 1.4 km along the Camino del Boquerón del Estena to the Raso de Posavieja car park, on the edge of the village.

Road distance to the start of the walk, measured on the OpenStreetMap road network from Cork Valley in Hontanar.

 [Directions from Cork Valley \(Google Maps\)](#)

 [Raso de Posavieja car park on Google Maps](#)

MAPA Route map (real trace)



The numbered points open Google Maps when tapped. Path drawn from OpenStreetMap data (© OpenStreetMap contributors, ODbL licence): OSM maps the first 2.2 km from the car park; the final stretch to the Boquerón continues beside the river and is shown as unmapped. Distances and times from the park's official fact sheet.

02 Waypoints and how to get there

The walk starts at the **Raso de Posavieja car park**, on the edge of **Navas de Estena**: from the village it is 1.4 km along the Camino del Boquerón del Estena, according to OpenStreetMap. You can also set off on foot from the village itself, which adds 4 km to the total.

1 **Raso de Posavieja** — the route car park, with an information panel and a drinking fountain. Start and finish.

GPS: 39.4918, -4.5358 · [Open in Google Maps](#) ↗

2 **Risco Tirapanes** — a quartzite crag beside the path, with a park information panel.

GPS: 39.4915, -4.5433 · [Open in Google Maps](#) ↗

3 **Spring and riverside woodland** — ash, willow and yew along the river; a wooden bridge to cross it.

GPS: 39.4903, -4.5470 · [Open in Google Maps](#) ↗

The Boquerón del Estena — the gorge the river has cut through the quartzite, a Site of Geological Interest with the fossil trails of marine worms.

GPS: 39.4836, -4.5560 · end of the mapped section; the path continues beside the river · [Open in Google Maps ↗](#)

⚠ Still to be checked on the ground: the ascent, which the park's official fact sheet does not quantify, and the exact point where the path ends inside the Boquerón.

03 The walk

From the Raso de Posavieja car park, on the edge of Navas de Estena, the path follows the **river Estena** downstream over stony ground, with a wooden bridge to cross it. Riverside woodland — ash, willow, even yew — gives way to Mediterranean holm oak, cork oak and Portuguese oak, and the first quartzite crags soon appear, among them the Risco Tirapanes.

The last stretch narrows into **the Boquerón**, the gorge the river has carved through the quartzite: a Site of Geological Interest where the fossil trails of marine worms surface, some 400 million years old, from when these hills were the floor of a sea. You return the same way. This is the easiest and busiest walk in the park: visitor numbers are capped in high season.

04 Photographs



Crags beside the path.



The path through the Estena valley.



The river Estena.



The valley from Navas de Estena.



Cruziana: an Ordovician trilobite trace fossil in quartzite from the Montes de Toledo, found at Helechosa de los Montes. Fossil trails of the same age surface in the Boquerón.



At Cork Valley your dog sleeps indoors with you; in the park it only has to be on a lead.

05 Practical information

WHAT TO TAKE

- Water and something to eat
- Hiking boots
- Sun cream and sunglasses, especially in summer
- A lead for your dog (compulsory)

PARK RULES

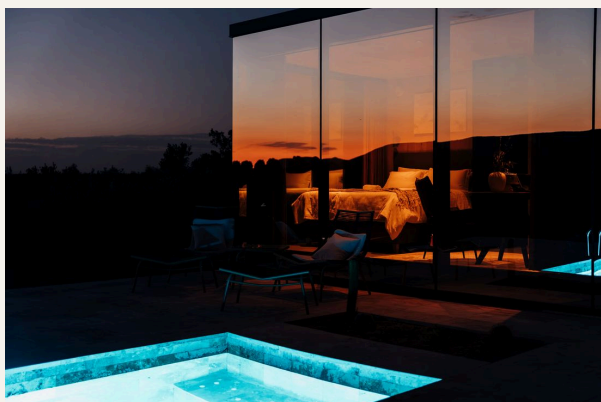
- Stay on the waymarked paths
- No fires, camping or drones
- Do not take plants, stones or fossils
- Take your rubbish out of the park
- No swimming in the river
- Children must be accompanied by an adult



Dog friendly. The park allows pets on every walking route, always on a lead. They may not enter the visitor centres.

No booking is needed if you walk the route on your own. For a **free park interpreter-guide** (groups of more than 25 book by phone; the park may cancel the guided visit if fewer than 4 people sign up), book at reservasparquesnacionales.es or on **+34 926 78 32 97** · usopublicocabaneros@oapn.es.

06 Where to stay



Cork Valley · Mirror Houses and wooden cabins

The natural base for this walk: **adults-only, pet-friendly** rural accommodation in Hontanar, in the heart of the Montes de Toledo, 130 km from Madrid and 59 km from Toledo. Mirror Houses that reflect the dehesa, wooden cabins, a **private Nordic hot tub** and a saltwater infinity pool. Your dog sleeps indoors, goes everywhere with you and even has a pool of its own.

Certified Starlight Destination and Alojamiento Rural Singular of Castilla-La Mancha.

[Book at corkvalley.es](https://corkvalley.es)

[See the Mirror Houses and cabins](#)

Route guide produced by Cork Valley using data from the official fact sheets of Cabañeros National Park (Organismo Autónomo Parques Nacionales and visitacabaneros.es). Map trace: © OpenStreetMap contributors, ODbL licence. Distances and times as given in the official fact sheet. The map is for orientation and does not replace a topographic map or a GPS. Cork Valley · Hontanar, Montes de Toledo · corkvalley.es